

May 22, 2024
Newsletter



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Principal:
Megan Boniface

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MOUSE MOUNTAIN ELEMENTARY

Message from the Principal

Hadih and Hello!

We have a very busy rest of the week! **Tomorrow, Thursday May 23rd**, we are heading to **Fort St James** and will be participating in the **primary fun run** at FSJ Secondary School. We will be leaving at 9:00 am on the school buses, so please be sure that your child is on time for school tomorrow. We will be back in time for the buses at the end of the day. Please remember to pack a snack, a water bottle, a light jacket and a hat. All students will receive a free hot dog lunch at the event.

We are getting excited for Jump Rope for Heart! **Our JUMP event is on May 24th at 1:00 pm in the gym!** . If we raise **our fundraising goal of \$750**, Mrs. Beier, Miss. Driedger and I will get a pie in the face! All students are invited to bring in a donation to school this Friday to help us raise our goal! .

All year, our classes have been learning drumming and Dakelh music from Mrs. Candice George. Our children are excited to perform for families on **June 4th at 1:00pm in the gym**. If you are able to come and join us for our **drumming performance**, we would love an audience!

Our last **PAC meeting** of the year will be on **June 5th in the library at 6:00 PM**. All parents and guardians are welcome!

Thanks for all you do to support our school!

Mrs. Megan Boniface

Coming Events to June

- | | |
|---------|---|
| May 23 | Primary Fun Run Field Trip to Fort St. James |
| May 24 | Jump Rope for Heart Event 1:00 PM in gym |
| May 31 | Welcome to Kindergarten Event at 10:00 AM |
| June 4 | Drumming Performance at 1:00 PM (all classes) |
| June 5 | PAC Meeting in the library 6:00 PM |
| June 7 | Heart Garden Planting at Tse Yaz Bunket (Miss. Driedger and Mrs. Schulz' classes) |
| June 17 | Educational Potlatch 1:00 PM |
| June 21 | National Indigenous Peoples' Day (parade and events) |
| June 24 | Grade 3 Farewell @ 11:00 AM/ Written Learning Updates come home |
| June 25 | Fun Day |
| June 27 | Last Day of School (dismissal at 12:00 noon) |

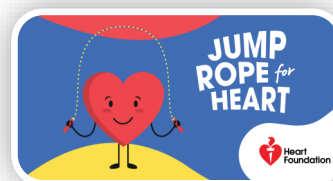


Tuesday Hot Lunch Menu

May 28 Pancakes, Sausage & Yogurt

Jump Rope for Heart Fundraising!

Jump Day is May 24th! Our fundraising goal is :



We've raised
\$500!!!!



Strong Start Schedule

Weekly Schedule

Monday—9:00 AM to 12:00 PM
 Tuesday—12:00 PM to 3:00 PM
 Wednesday—12:00 PM to 3:00 PM
 Thursday—3:00 PM to 6:00 PM
 Friday—9:00 AM to 12:00 PM



What is SNAP?

Our grade 2 students are learning about **SNAP** (Stop Now And Plan!) SNAP is a program that helps us all identify our emotions and use strategies to regulate ourselves in order to make good plans.

STOP

Stopping themselves (e.g., by counting to 10 or taking a deep breath) as soon as their body begins to react (e.g., throbbing head, tension, feeling hot). We call these reactions body cues.

**NOW
AND**

Identifying any hard thoughts (e.g., "he's doing that to make me mad") and replacing them with helpful/realistic coping statements, or cool thoughts (e.g., "I can handle this").

PLAN

Picking a plan that meets these three criteria: 1) makes the problem smaller instead of bigger, 2) doesn't hurt anyone or anything, and 3) makes them feel okay.

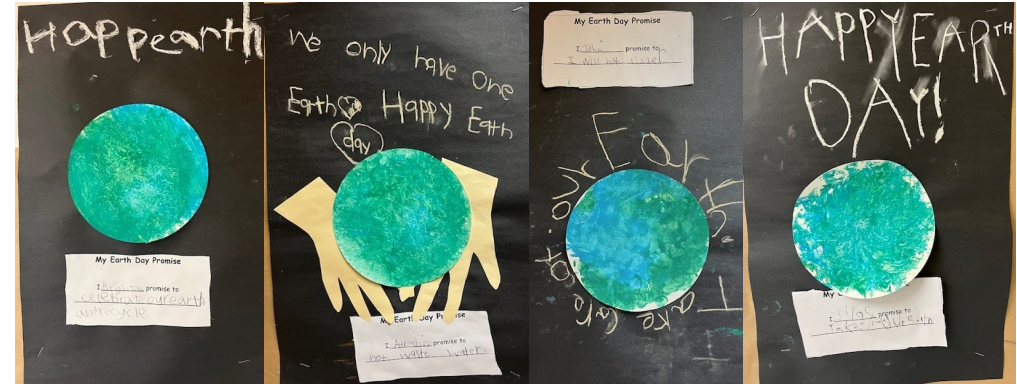
Next PAC Meeting



June 5th, 2024 @ 6:00 PM

Location: Mouse Mountain School Library

All parents and guardians welcome!



Be A Bridge



Newsletter Emailed

If you would like to have the Newsletter emailed to you each week please contact Bev at the office:

Phone: (250) 699-6627 Email: bstanga@sd91.bc.ca

Please join us at Mouse Mountain School for our...

Drumming Music Performance

All of our classes have been learning to drum with Mrs. Candice George this year. June 4th, each class will be performing a song. The children have really enjoyed learning from Mrs. George and they are proud to show everyone how much they have learned. We hope you will join us for this special assembly if you are able to.

Tuesday June 4th at 1:00 PM in the Gym

Everyone welcome. Parking will be available on the street.





RCMP COMMUNITY SAFETY BIKE RODEO

MAY 26, 2024 AT THE FRASER LAKE

RECREATION CENTER

11:00 AM DOORS WILL OPEN

BRING YOUR BIKE AND HELMET AND JOIN THE FUN
ANYONE 12 YEARS OF AGE AND UNDER IS WELCOME

BIKE INSPECTIONS FOR SAFETY

HELMET CHECK FOR THE PROPER FIT



PRACTICE COURSE

BIKE REGISTRATION

FOOD AND DRINKS

GREAT PRIZES

NO REGISTRATION IS REQUIRED

JUST SHOW UP AND HAVE FUN

SEE YOU THERE!!!

