

April 20, 2022
Newsletter



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Principal:
Megan Boniface

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mouse.sd91.bc.ca

MOUSE MOUNTAIN ELEMENTARY

Message from the Principal

Hadih and Hello!

I hope you had a wonderful long weekend! We were very excited to see that the Easter Bunny visited Mouse Mountain School on the long weekend.

Friday is Earth Day and we will be holding a **short assembly on Thursday morning at 9:45 am**. Our grade 3 special events leaders will be reading the story "What Matters".

Our field trip to WL McLeod Elementary school to see the production of **Wizard of Oz** is coming up on **Tuesday April 26th**. We are so excited! We will be leaving on the bus at 9:15 am that day and will come back to eat our lunch at school around 12:45. Please pack an extra snack on Tuesday and remember that it is still hot lunch. Please also make sure to **send back your child's field trip permission form by this Friday**.

Apparel Order forms went home last week and are **due back Thursday April 28th**. Hoodies and t-shirts are available in youth and adult sizes.

We have so many fun events coming up in May and June, including our **Jump Rope for Heart Day on May 20th**. Students are invited to bring in a donation or fundraise online. Our fundraising goal is \$2000. If we make our goal, then we will have a pajama day with an ice-cream treat!

Please remember that **hot lunch forms are due back Wed April 27th**.

Friday, April 29th is a pro-d day and there is no school for students. Students in the Before and After School Care program can attend this day from 7:30 am—5:30 pm.

Our **school plan** on our website has been updated with our literacy and numeracy data. I invite you to take a look at mouse.sd91.bc.ca (see About Us > School Plan).

Thank you for all you do to support our school!

Mrs. Megan Boniface



Important Dates

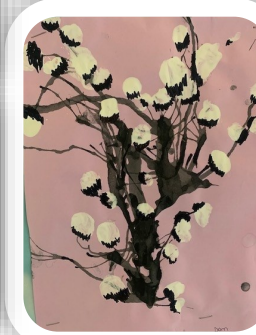
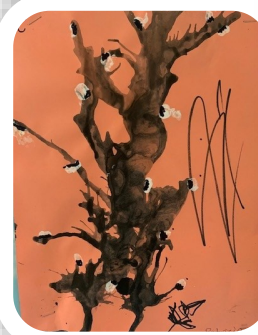
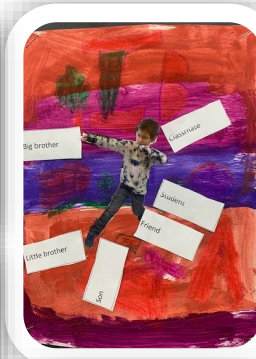
Apr 22
Apr 26
Apr 29
May 3
May 13
May 17
May 20
May 23

Earth Day Assembly @ 9:45 am
Wizard of Oz Field Trip (bus leaves @ 9:15)
Pro-D Day (no school for students)
Crazy hair day
Pro-D Day (no school for students)
Share the Love Day
Jump Rope for Heart Day
Victoria Day (no school)

Carrier Phrase for April

Soo'int'ah?

How are you?





Superintendent's Report to the Board

Regular Board Meeting of April 11, 2022

Superintendent Manu Madhok presented his 'Superintendent's Report to the Board' at the April 11, 2022, Board Meeting.

Please click on the link below to view the report:

<https://www.sd91.bc.ca/apps/news/article/827775>



Draft Policies – Request for Feedback

At the Board meeting on Monday, April 11, 2022, the following policies were given various readings:

- 501.5 – Homeschooled Students (2nd Reading)
- 602.3 – Special Education (2nd Reading)

Please click the link below to view the draft policies and provide feedback. The closing date for comments is May 16, 2022, at noon.

<https://www.sd91.bc.ca/apps/pages/policies-and-regulations>

SD91 Honoring Diversity Speaker Series

◇ SD91 Honoring Diversity Speaker Series welcomes **Bryan Gidinski** on May 12th at 5:00 pm. The link will be posted to the SD91 website and Facebook page. Bryan is an elementary teacher with over 20 years of experience and currently holds a district leadership role in his school district as a SOGI support teacher for elementary schools. Bryan will discuss many topics related to SOGI and creating safe and welcoming schools for all students.

◇ **Link will be posted to SD91 Website and Facebook page.**

May 12th

**5 pm
Microsoft TEAMS**



Tuesday Hot Lunch Menu

Apr 26

Pancakes & Sausages

May 3

Hot Dogs



Next PAC Meeting: MAY 10 @ 6:00 PM

All parents welcome. Our PAC meetings are in person at the school with an online option. The online link is posted to the Mouse Mountain Website (mouse.sd91.bc.ca) under 'upcoming events'.



KINDERGARTEN REGISTRATION



Please visit us to register any new Kindergarten students for the 2022-23 school year!

You can come into the office to register or call us at (250) 699-6627.

We can also email out the registration form.

Daily Health Check



Thank you for your continued efforts in completing the daily health check with your children before school each day and for keeping children home when they are sick.



Daily Health Check and What to Do When Sick

Daily Health Check

Everyone going into to school must complete a daily health check, including staff, visitors, and students. A daily health check means checking yourself or your child for new symptoms of illness, including symptoms of COVID-19.

Symptoms of illness (including COVID-19) include things like:

- Fever or chills
- Difficulty breathing
- Runny nose
- Headache
- Diarrhea
- Cough
- Sore throat
- Sneezing
- Body aches
- Loss of sense of smell or taste
- Loss of appetite
- Extreme fatigue or tiredness
- Nausea or vomiting

If you are sick or feel unwell, stay at home. This is important to stop the spread of illness, including COVID-19, in schools.

You can attend school if:

- Your symptoms are consistent with a previously diagnosed health condition (e.g., seasonal allergies), OR
- You have existing symptoms that have improved to where you feel well enough to return to regular activities,

AND you are not required to self-isolate, or your self-isolation period is over (based on a positive COVID-19 test result, if taken).

What to Do When Sick

If you have mild symptoms of COVID-19, you usually don't need a test. Mild symptoms are symptoms that can be managed at home. Most people don't need testing for COVID-19.

Stay home and away from others (as much as possible) until you feel well enough to return to your regular activities and you no longer have a fever. You should also avoid non-essential visits to higher risk settings such as long term care facilities and gatherings, for another 5 days after ending isolation.

If you have a Rapid Antigen Test at home, use it when you have symptoms. How long you should stay home depends on your test result. Find out more about [Rapid Antigen Test results](#).

If you do not have symptoms of COVID-19, you do not need a test.

If you are unsure about your symptoms, you can use the [Self-Assessment Tool](#), contact your health care provider or call 8-1-1.

Testing may be recommended for some people who may be more likely to get severe disease. See BCCDC for information on [who testing is recommended for](#).

What to Do if Someone in Your Household is Sick

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19.

Try to stay apart from the person in your household who is sick as much as possible.

Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you develop symptoms of illness or feel unwell.

If You Test Positive for COVID-19

Your age and vaccination status determine how long you should self-isolate for if you test positive for COVID-19.

Age	Vaccination Status	Guidance
Under 18 years of age	Unvaccinated, partially vaccinated or fully vaccinated	Self-isolate at home for 5 days AND until your symptoms improve and you no longer have a fever. Avoid non-essential visits to higher risk settings like long-term care facilities and gatherings for another 5 days after ending isolation.
18 years of age or older	Fully vaccinated	
	NOT fully vaccinated	Self-isolate at home for 10 days AND until your symptoms improve and you no longer have a fever.

Close contacts, who are usually others in your household, do not need to self-isolate (regardless of vaccination status), but should closely self-monitor for symptoms. BCCDC has more information for [close contacts](#).

If you find it hard to breathe, have chest pain, can't drink anything, feel very sick, and/or feel confused, contact your health care provider right away or go to your local emergency department or call 9-1-1.

This information is adapted from the BC Centre for Disease Control. For more information, visit <http://www.bccdc.ca/health-info/diseases-conditions/covid-19>