October 15, 2020 Newsletter



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Message from the Principal

Hadih and Hello!

I hope that you all enjoyed the Thanksgiving long weekend! There is LOTS of important information in this week's newsletter!

Mouse Mountain and FLESS will tle. be holding parent -teacher interviews on Wed Oct 21st and students will be dismissed at 12:00 noon. Please phone Mrs. Stanga at the school to schedule a 15 minute phone meeting with your child's teacher between 1-6 pm.

Students will be bringing home interim reports on Tues Oct 20th.

Tues Oct 20th is picture day! Families will have the opportunity to order their photo packages online after this day (more info to come).

Brrrr!!! It's getting colder out these days. Parents, please send your child to school dressed for the weather including mitts and a toque. Please also remember to send your child to school with a water bot-

We are noticing many children bringing toys to school and sharing these toys on the playground with friends. While we usually love to encourage showing and sharing, we must follow our COVID Health & Safety guidelines this year and ask families to please avoid sending toys to school. We really appreciate your cooperation and understanding!

Thank you for all you do to support our school.

Mrs. Megan Boniface

Picture Day

Get ready for **Photo Day!** Our photographer will be at your school October 20

- A few days after photo day you will receive
- a Student ID card/webcard through your school Your 8-digit webcode can be found on the Student ID

- View your images and order online
 Orders will be mailed to your home
 Digital download information will be emailed to you in approximately 3 - 4 weeks

Visit mountainwest.ca for more information





It's that time of year....



FOUR STEPS TO LICE-FREE LIFE:









Hot Lunch

Hot Lunch is Thursdays

October 15 - Baked Mac & Cheese October 22—Chicken Alfredo



To still send snacks!

WE

HOT LUNCH!

MMES Parent Advisory Council

Meeting: Oct 20th @ 5:30 at the school.

All parents welcome. Please call or text Christine at (250) 640-0990 if you would like to attend. Social distancing and virtual attendance options are available:)



Wednesday, Oct 21, 2020

Students will be dismissed at 12:00 PM.

Dear Parents.

Parent-teacher interviews will look a little different this year: all discussions will happen by phone to minimize traffic in the school. Please phone Mrs. Stanga at the school to schedule a 15

minute phone meeting with your child's teacher between 1-6 pm. If you feel that an in-person meeting is necessary, please let Mrs. Stanga know and the teacher will contact you directly to organize this.

SCHOOL DISTRICT NECHAKO LAKES

School Board Meeting

Monday, October 19, 2020 6:00 pm

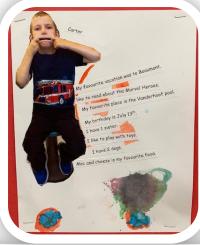
Location: Integris Community Theatre
At Nechako Valley Secondary School, Vanderhoof

Public Attendance Notice:

*** Due to current public health and safety requirements, we are requesting that members of the public interested in attending this meeting, contact Tracy Austin at taustin@sd91.bc.ca or 250-567-2284 prior to the meeting so that seating arrangements for appropriate social distancing can be met.









Coming Events

Oct 20 Picture Day
Oct 21 Parent-teacher interviews (noon dismissal)
Oct 23 PRO D Day

Youth Community Hockey



Calling all Youth Interested in Hockey



Ages 9 – 16

Fraser Lake Minor Hockey is offering a <u>FUN</u>, no travel, no games, <u>Co-Ed team</u>.

ANY SKILL LEVEL WELCOMED

One, 1hr Ice time per week \$100 for the Entire Season

Players on other FLMHA teams can also join
Full Gear is required - Used skates and gear can be
found at Men's Shed, Crisis Centre or Fraser Lake
Minor Hockey Facebook Page

New to Hockey - call Lara Weber - 250-699-5254

Existing players can register online at

https://go.teamsnap.com/forms/246895



	Daily Health Check		
 Key Symptoms of Illness* 	Do you have any of the following key symptoms?	CIRCL	CIRCLE ONE
	Fever	YES	ON.
	Chills	YES	9
	Cough or worsening of chronic cough	YES	9
	Shortness of breath	YES	ON
	Loss of sense of smell or taste	YES	9
	Diarrhea	YES	ON N
	Nausea and vomiting	YES	ON.
2. International Travel	Have you returned from travel outside Canada in the last 14 days?	YES	ON
3. Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	YES	ON

If you answered "YES" to one of the questions included under 'Key Symptoms of Illness' (excluding fever), your child should stay home for 24 hours from when the symptom started. If the symptom improves, your child may return to school when they feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered "YES" to two or more of the questions included under 'Symptoms of Illness' or your child has a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, your child should not return to school until COVID-19 has been excluded and symptoms have improved.

When a COVID-19 test is recommended by the health assessment:

☐ If the COVID-19 test is positive, your child should stay home until you are told by public health to end self-
isolation. In most cases this is 10 days after the onset of symptoms. Public health will contact everyone with a
positive test.

feel well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not ☐ If the COVID-19 test is negative, your child can return to school once symptoms have improved and they needed unless you develop a new illness. ☐ If a COVID-19 test is recommended but is not done because you choose not to have the test, or you do not health condition, your child should stay home from school until 10 days after the onset of symptoms, and then seek a health assessment when recommended, and symptoms are not related to a previously diagnosed they may return if they are feeling well enough.

symptoms improve and they feel well enough. Testing may not be recommended if the assessment determines If a COVID-19 test is not recommended by the health assessment, your child can return to school when that the symptoms are due to another cause (i.e. not COVID-19).

If you answered "YES" to questions 2 or 3, use the COVID-19 Self-Assessment Tool to determine if you should seek testing for COVID19

A health-care provider note (i.e. a doctor's note) is not required to confirm the health status of any individual.