

Sept 23, 2020
Newsletter



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Principal:
Megan Boniface

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MOUSE MOUNTAIN ELEMENTARY

Message from the Principal

Hadih and Hello!

We had a terrific full week of school and I continue to be so proud of our Mouse Mountain students. I would also like to extend a special thank you to families for the many ways that you have supported the school during our start-up. Thank you to our PAC who are working hard to continue with hot lunch while exploring new ways to support our school community this year. Families, please see the updated daily health check attached to this newsletter. Please remember that if your child has any symptoms on the list, they must stay home and we strongly encourage you to call the 811 COVID Health Line and follow their

advice. Students should not return to school until all symptoms have resolved. Thank you for your support to keep us all healthy!

Tomorrow Friday Sept 25th is a District Planning day and students do not attend school. Next week, we will recognize **Orange Shirt Day on Wed Sept 30th**. All classes will be going outside to our large field to take part in a **Terry Fox Run on Fri Oct 2nd**. Please ensure your child is dressed for the weather on Friday. We will be collecting loonies and toonies for cancer research if you are able to send your child to school with a donation. Thank you!

Mrs. Megan Boniface

Counseling

Debbie Scott and Nick Ferguson, two of our SD#91 counsellors, will be working in our school this year. They will be working alongside staff and students at Mouse Mountain in a variety of ways such as helping to facilitate programs in the classroom, working with small groups on topics such as dealing with anxiety, and building healthy relationships.

Counsellors are able to provide some individual counselling as it is suitable to a specific child. If you have any questions or concerns or you would like your child to be able to access support through our school counselor, please contact Megan Boniface at the school.



Orange Shirt Day



On Wednesday,
September 30th,
Mouse Mountain will be
recognizing
Orange Shirt Day.

We encourage students
to wear an orange
garment or just your
favourite shirt.

Orange Shirt Day is a legacy of
the St. Joseph Mission (SJM)
residential school commemora-
tion event held in Williams
Lake, BC, Canada, in the
spring of 2013.

It grew out of Phyllis' story of
having her shiny new orange
shirt taken away on her first
day of school at the Mission,
and it has become an
opportunity to keep the
discussion on all aspects of
residential schools happening
annually. Orange Shirt Day is
also an opportunity for First
Nations, local governments,
schools and communities to
come together in the spirit of
reconciliation and hope for
generations of children to
come.



School District 91 Busing protocols for COVID 19

Welcome back for the new school year of 2020-21. The transportation Department has been working on some new procedures and practices for the return of all our Learners. Some of these new things will be:

- Assigned seating on all buses to keep contact down to a minimum. Students will be seated in family groups or learning cohorts, whenever possible.
- Grade 8 to 12 students (7 to 12 in Vanderhoof) will be required to wear masks when riding the bus. The District is providing 2 reusable masks to Students which they will be responsible to keep safe and clean. Elementary students *are not required* to wear masks.
- Buses will be disinfected daily by the driver after each morning and afternoon route.

It is vitally important that Parent/Guardians monitor their child(ren) for any COVID19, common cold, fever, influenza, or other infectious respiratory symptoms prior to sending them out to the bus stop. We would also like to remind parents to have their children wash their hands with soap and water before leaving their home in the morning.

If you have any inquiries regarding busing please call your local bus garage:

Burns Lake Bus Garage 250-692-3130	Fraser Lake Bus Garage 250-699-6995
Fort St. James Bus Garage 250-996-7835	Vanderhoof Bus Garage 250-567-9618

PARENTS/GUARDIANS of bus students are asked to be sure to update phone numbers in your child(ren)'s file as we use a messaging system to notify parents of bus cancellations and bus delays.



Terry Fox Run

This year is the 40th Anniversary of Terry Fox's Marathon of Hope and Mouse Mountain Elementary is proud to be continuing the legacy of one of our greatest heroes and support the important work of the Terry Fox Foundation. This year we will once again have a Toonie Drive and children are welcome to bring

in a donation and give it to their classroom teacher. Deadline to donate is Friday, Oct. 2nd. On Friday, Oct. 2nd, we will have a School Run but it will be a different format than in years past. Children will stay on school grounds.

Thank you for your support!



School Board Meeting
Monday, September 21, 2020
6:00 pm

Location: Integris Community Theatre
At Nechako Valley Secondary School, Vanderhoof

Public Attendance Notice:

***Due to current public health and safety requirements, we are requesting that members of the public interested in attending this meeting, contact Tracy Austin at taustin@sd91.bc.ca or 250-567-2284 prior to the meeting so that seating arrangements for appropriate social distancing can be made.



Allergy Information



We would like to let parents know that we are not aware of any students with dangerous peanut allergies. We do have seaweed allergies **so please do not send seaweed** to school.
If your child has any

Life-Threatening or other medical condition(s) please call the office to ensure these details are in your child's file and that a safety plan is in place.

Safe Arrival

Safe arrival will continue at Mouse Mountain.

When your child is absent from school



Mrs. Stanga will be phoning to make sure your child is home safe.

Morning Supervision

Please be advised that morning supervision starts at 8:30, so please do not drop off your child/children before that time, thank you!



MMES Parent Advisory Council

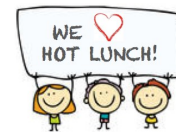
**Meeting: Oct 20th @ 5:30 at the school.
New Parent Advisory Council 2020/21**

President	Christine Patterson
Vice President	Rebecca Broadbent
Secretary	Chantal Weber
Treasurer	Nancy Loughheed
Hot Lunch Coordinator	Megan Olin

All parents welcome. Please call or text

Christine at (250) 640-0990 if you would like to attend.

Social distancing and virtual attendance options are available :)



Hot Lunch

Hot Lunch is Thursdays

October 1 - Lasagna	October 22 - Chicken Alfredo
October 8 - Sloppy Joe's	October 29 - Pancakes & Sausages
October 15 - Baked Mac & Cheese	



To send a snack on hot lunch days

Coming Events

Sept 25	District Planning Day—No School for Students
Sept 30	Orange Shirt Day
October 2	Terry Fox Run
October 12	Thanksgiving STAT holiday
Oct 20	Picture Day
Oct 23	PRO D Day

Daily Health Check

1. Key Symptoms of Illness*	Do you have any of the following key symptoms?	CIRCLE ONE
	Fever	YES NO
	Chills	YES NO
	Cough or worsening of chronic cough	YES NO
	Shortness of breath	YES NO
	Loss of sense of smell or taste	YES NO
	Diarrhea	YES NO
	Nausea and vomiting	YES NO
2. International Travel	Have you returned from travel outside Canada in the last 14 days?	YES NO
3. Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	YES NO

If you answered “YES” to one of the questions included under ‘Key Symptoms of Illness’ (excluding fever), your child should stay home for 24 hours from when the symptom started. If the symptom improves, your child may return to school when they feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered “YES” to two or more of the questions included under ‘Symptoms of Illness’ or your child has a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, your child should not return to school until COVID-19 has been excluded and symptoms have improved.

When a COVID-19 test is recommended by the health assessment:

- ☐ If the COVID-19 test is positive, your child should stay home until you are told by public health to end self-isolation. In most cases this is 10 days after the onset of symptoms. Public health will contact everyone with a positive test.
- ☐ If the COVID-19 test is negative, your child can return to school once symptoms have improved and they feel well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless you develop a new illness.
- ☐ If a COVID-19 test is recommended but is not done because you choose not to have the test, or you do not seek a health assessment when recommended, and symptoms are not related to a previously diagnosed health condition, your child should stay home from school until 10 days after the onset of symptoms, and then they may return if they are feeling well enough.

If a COVID-19 test is not recommended by the health assessment, your child can return to school when symptoms improve and they feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).

If you answered “YES” to questions 2 or 3, use the COVID-19 Self-Assessment Tool to determine if you should seek testing for COVID19.

A health-care provider note (i.e. a doctor’s note) is not required to confirm the health status of any individual.