

Nov 19, 2020
Newsletter



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Principal:
Megan Boniface

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MOUSE MOUNTAIN ELEMENTARY

Message from the Principal

Hadih and Hello!

It has been a great week at Mouse Mountain! There is some important information and opportunities for parents and guardians in this newsletter.

The next **Mouse Mountain PAC meeting is at 5:30 on Tues Nov 24th**. All parents and guardians are welcome: you can join in person at the school or online (please see the Mouse Mountain school website for the virtual link).

The **SD91 District PAC is hosting a virtual townhall on Dec 9th at 7:00 pm**; please see the attachment for details.

Parents and guardians are invited to participate in a **survey for BC Children's Hospital** as part of a study of the impact of COVID-19 on youth mental health. Please see the poster

attached to this newsletter for information on how to take part.

As the weather is getting colder, please ensure that your child is dressed warmly for school. We have extra snow pants, jackets, mitts, toques and some winter boots at the school that are available for students: please don't hesitate to let your teacher or our office know if it would be helpful for your child to borrow extra gear for the winter season.

A reminder that **picture retake day is December 1st**. Please let Mrs. Stanga in our office know if you are wanting a retake.

There is **no school on Friday Nov 27th**: this is a Pro-D day and our staff will be participating in new learning.

Thank you families for all that you do to support our school!

Mrs. Megan Boniface

Daily Health Check

Thank you for your continued efforts in completing the daily health check with your children before school each day!



Coming Events

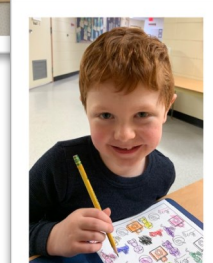
Nov 24	PAC Meeting
Nov 26	Fire Drill
Nov 27	Pro D Day - No Students
Dec 1	Picture Re-takes/ Report cards home
Dec 17	Virtual Christmas Concert
Dec 18	Last day of classes before winter break
Dec 21-Jan1	Winter Break

Food Program



This year students needing breakfast, snacks or lunch can access our food program run by Mrs. Welsh and Mrs. Duncan. Please don't hesitate to contact us if our food program would be helpful.

LEARNING IS FUN





School Board Meeting Monday, December 14, 2020 6:00 pm

*** Please note the change in date

*** Please note that the format of this meeting has changed
to video conference

Public Attendance Notice:

***Due to current public health and safety requirements, we are requesting that members of the public interested in attending this meeting, contact Tracy Austin at taustin@sd91.bc.ca or 250-567-2284 prior to the meeting so that seating arrangements for appropriate physical distancing can be made at each video conference site.

Upcoming Board Meetings:

January 18, 2021

February 22, 2021

Hot Lunch

Hot Lunch is Thursdays

Nov 26 - Baked Mac & Cheese

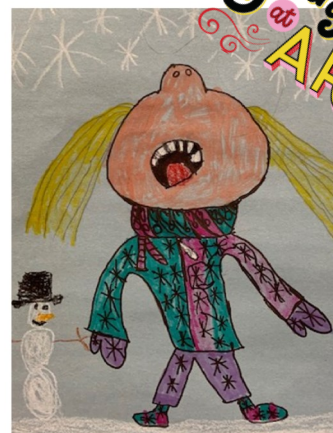
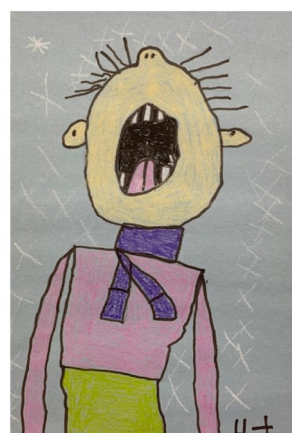
Dec 3 - Chicken Noodle Soup

Dec 10 - Pancake & Sausages



To

CREATIVEkids



Young
at
ART

Remember to dress warm



Winter has arrived! A friendly reminder to make sure children are dressed for outside play.



MMES Parent Advisory Council

Meeting: Nov 24th @ 5:30 at the school.

All parents welcome. Please call or text

Christine at (250) 640-0990 if you would like to attend.

Social distancing and virtual attendance options are available :)



**JOIN US FOR A VIRTUAL TOWN HALL ON
WED. DEC. 9TH @ 7PM TO GET AN
UPDATE ON:**

- SD 91 SCHOOLS - COVID-19 PLAN
- COVID-19 = WHAT ARE WE LEARNING
- A LOOK AHEAD

**HOSTED BY SD 91'S DISTRICT
PARENT ADVISORY COUNCIL**

Please submit your questions
by Dec. 7th to info@sd91.bc.ca

7 - 8 PM

The link to this meeting will be shared on Dec.
9th on the school district's website and Facebook
page.



Calling parents and youth in BC!

COVID-19 and Youth Mental Health

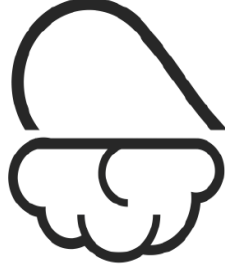
Since COVID-19 was declared a pandemic, many public health responses have been implemented including social distancing measures and school closures.

These measures may have an impact on the mental health of children and teens, and we need to adjust the type and amount of resources being offered our children.

The MyHEARTSMAP team needs your help to measure how much and in what ways the changes in our lives during the pandemic have affected the social and psychological wellness of our children and youth.

Using the MyHEARTSMAP online psychosocial self-screening tool, children, youth, and (or) their parents, can learn about which aspects of their mental health may be of concern and might benefit from support resources, and where to find them in BC.

Learning about our children's needs will **help guide our provincial mental health resource planning.**



Who can participate in this study?

- Children and youth aged 10-17 in BC
- Parents with a child aged 6-17 in BC

What is involved?

- Answer questions about how COVID-19 has affected you
- Complete the MyHEARTSMAP Self-Screening Tool after enrolling, and again in 3 months

If you are interested in learning more and participating, please visit our website at:

MyHEARTSMAP-Pandemic.bccchr.ca

